

KSK TIBETAN BUDDHIST CENTER

APRIL, 2012

VENERABLE LAMA KARMA DORJÉ Senior Resident Teacher
3777 KSK Lane, Santa Fé, NM 87507

VENERABLE LAMA MINGMA SHERPA Resident Teacher
(Along Airport Road between South Meadows & Paseo del Sol) Tel: 505-471-5336



Other SUNDAY Practices

Sitting Meditation Sunday 10:45 am

Walking Meditation Sunday 11:25 am

Shangpa Shinay Latong or Metta Meditation Sunday 11:30am

NEW MOON

Practice Includes:
KING PRAYER
HEART SUTRA
SAKYAMUNI & MEDICINE BUDDHA
SADHANAS

*Yoga Classes offered by IKYTA Instructor Christina Yamashiro. For details: c_yamashiro@hotmail.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 GREEN TARA 8:00 AM CHENREZI 5:45 PM	2 Natural Love & Awakening Meditation 9 AM	3	4 CHENREZI 5:45 PM	5 Yoga Class* 5:30 PM	6 MILAREPA PRACTICE WITH TSOK 5:30 PM	7 CHÖD PRACTICE 10:30 AM Mahakala Instruction Practice With Lama Mingma 2:00-4:00 PM
8 GREEN TARA 8:00 AM CHENREZI 5:45 PM	9	10 Introduction to Buddhist Philosophy & Practice – Fred Cooper, PhD 7:00 pm	11 CHENREZI 5:45 PM	12 Yoga Class* 5:30 PM	13	14 CHÖD PRACTICE 10:30 AM Mahakala Instruction Practice With Lama Mingma 2:00-4:00 PM
15 GREEN TARA 8:00 AM KSK Board Noon CHENREZI 5:45 PM	16 Natural Love & Awakening Meditation 9 AM	17	18 CHENREZI 5:45 PM	19 Yoga Class* 5:30 PM	20 MAHAKALA PRACTICE WITH TSOK 5:30 PM	21 CHÖD PRACTICE 10:30 AM Guru Yoga Class with Fred Cooper 1:00 to 3:30pm Mahakala 2:00-4:00 With Lama Mingma NEW MOON PRACTICE 5:30 PM
22 GREEN TARA 8:00 AM CHENREZI 5:45 PM	23 Natural Love & Awakening Meditation 9 AM	24	25 CHENREZI 5:45 PM	26 Yoga Class* 5:30 PM	27	28 CHÖD PRACTICE 10:30 AM
29 GREEN TARA 8:00 AM CHENREZI 5:45 PM	30 Natural Love & Awakening Meditation 9:00 AM	Retreat Room available (one week minimum stay); for information on rates and dates, please e-mail: nobletruth@earthlink.net		NB - Lama Mingma Sherpa is offering instruction in Mahakala Practice on Saturdays: April 7, 14 & 21 from 2:00 to 4:00 PM in the KSK Meeting Room.		